

OPEN STUDIO GROUP ART THERAPY FOR VETERANS

Veteran as ARTIST



October 2019 NO OPEN STUDIO GROUPS WILL MEET OCTOBER 14-17

Choose 1 of 3 locations:

Mondays 5:30p - 7:30p

Eastern Virginia Medical School Lester Hall Room 107 Norfolk, VA **Wednesdays** 2:30p - 4:00p

Portsmouth Art & Cultural Center 420 High St Portsmouth, VA **Thursdays** 5:30-7:30p

Peninsula Fine Arts Center 101 Museum Drive Newport News, VA

Art making for self-expression.

Promote wellness to cope with stress & life challenges.

No prior art experience required.

No fee services. Confidential environment.

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